

## My Psoriasis Story

My Name is Dr. Gregg-Allen Medeiros, and I am 40 years old. My life with Psoriasis began at the very young age of 7. Like many childhood onsets of Psoriasis, my outbreaks began with what is called the Koebner's Phenomenon. Basically, Koebner's Phenomenon is the onset of Psoriatic lesions due to trauma to the skin. One day, while playing, I skinned my knee. My Mother thought nothing of it, just bandaged me up, and sent me on my way. However, the wound never healed. My Mother, being the nervous Mom that she is, immediately took me to my Pediatrician thinking I was a diabetic. He assured her, I was not, but notified her that I had Psoriasis. Much has been learned in the very recent past about the causes of Psoriasis. Some of the newest research has found one of the triggers to be Streptococcal bacterial infections. I was often plagued by these infections as a child. Psoriasis is a complicated autoimmune disease, meaning, it is not contagious, and it is a manifestation of one's own immune system attacking self.

Now, even at a young age, you can understand that this condition is not normal. My Mother tried to tell me that Psoriasis occurred because I was very healthy. A lie, but then again, I was only 7 years old. Treatment for Psoriasis at that time (roughly 1979 or 1980), consisted of topical steroids and coal tar treatments. I want to make it abundantly clear in this story that I will be mentioning an awful lot of drugs. Some of these medications have many good points, but also many bad points. But it wasn't until I was given the chance to use Neuroquell in 2012, that I am, for the first time in my life, in full remission, and free of Psoriasis lesions. All topical steroid medications have the unfortunate side-effect of raising blood glucose, and the premature thinning of the skin.

My earliest years of Psoriasis therapy consisted of multiple applications per day of steroid creams and ointments. Then, the wrapping of my extremities in plastic wrap in order to keep the medication on my skin and off my bed sheets. Unfortunately, this created a very uncomfortable sleeping situation, with severe itching, and severe sweating. This situation also created an unfortunate side effect of Psoriasis, Depression. I remember many times even in my early years, asking God, WHY? Why me, why this disease? I wasn't normal, I didn't feel normal, I didn't look normal. Other children were horrible to me. I was often ridiculed, and called names, often being asked if I had Poison Ivy. I was often asked to stay away from other kids by their parents. I think it was safe to say, I wished I would die, so I didn't have to deal with this anymore.

My Father, the strongest, and wisest man I know, was the one who helped me the most. He was the one who began to search out other therapies for me to try. He knew how miserable the condition was making me. He even went so far as to bring me to Boston to be seen by an OMO (Oriental Medical Doctor) whom, at great expense to my father, smuggled into the country herbs used to make a paste, which was applied to my body in the hopes of a cure . Did it work, no, but it was a good try. I believe it was at that time in my life that I was afflicted with lesions on probably 70% of my body.

Then came the Phototherapy years. Phototherapy involved the application of Ultraviolet A rays to the body. Yes, the same rays that can cause Skin Cancer. But for years, I spent time in a booth, greased up in Mineral Oil, standing in the lights. Did it work, no. It is amazing how much caution you will throw to the wind, when all you desire is to be normal. Even the risks of the treatments didn't scare me.

In 1984, I began to use a drug called Cyclosporin. A drug commonly used by Kidney Transplant patients to help against rejection of the organ. Other than the assumption that it "may" help to clear my skin, I cannot remember why I was placed upon this drug at such a young age. However, I do remember the most horrible side effect of this medication, high blood pressure. Once again, in the midst of all kinds of side effects, that include strokes, heart attack, and death, I took it. Without question. was looking for a miracle. Did it work, no.

I went through a period of many years, where I simply did nothing about my skin's condition . Then a new drug appeared on the market called Soriatane. It is a Vitamin A derivative in the same family and class of drug as Accutane (a drug commonly used for Acne). This drug had dangerous side-effects, and significant Cardiovascular risks associated with it. I stayed on Soriatane for many years, basically throwing caution to the wind regarding the medication's safety. Along with this drug, I also took Methotrexate, a very potent Anti-neoplasm drug. Basically, I was being treated for cancer to treat my Psoriasis .

Then came the injectable Biologic Medications. Remicade, Enbrel, Humira, and Stelara. Yes, I tried all of them!!! This class of drugs acts to shut down the Immune System , namely the exact cellular messengers responsible for the destruction of Cancer Cells in the Human Body. Remicade nearly killed me. After the birth of my daughter, six years ago, I decided that I had to stop these medications that could potentially kill me. Did these drugs work, no!!!

Through either the most magnificent stroke of luck of the intervention of God, I was able to try Neuroquell. Did it work, YES!!!!!! For the first time in my life I am free

of all prescription drug use regarding my Psoriasis. But it did take a little investigating, and working with the application times to find its best results. The application of Neuroquell took exactly six weeks to clear my skin completely.

Here is how I did it. First, Hippocrates (The father of Modern Medicine) stated..."when dealing with problems of the skin, look to the gut". I decided to clean up my gut, what I mean by this is... Eating healthier. It helped, definitely. My application times were, morning and evening. Be prepared, if your lesions, and guttate and very thick, expect shedding of skin, a lot of it.

Long story short, Neuroquell WORKS! Not only does it help with minor aches and pain, but it clears Psoriatic lesions. Neuroquell does not act upon the immune system to suppress its healing capabilities. In my experience, I have taken numerous medications, which have probably shortened my life. But the most current and available research has begun to show that this condition is treatable.

It can be summed up very quickly, Neuroquell Works.